

Adult Dance Programs

At The Dance Teacher, we take pride in our boutique studio. Our small group classes are designed to offer individualized instruction for each learner. Unlike a drop-in program, we prioritize continuity by maintaining a consistent group of registered students. Adult classes are offered on Tuesdays.

In consideration of those with sensitivities and allergies, The Dance Teacher maintains a fragrance-free environment. We appreciate your cooperation in refraining from wearing perfumes, oils, scented lotions, body sprays.

Class Descriptions

Tap for Adults

5:45-6:30pm Tuesdays is a wonderful 45-minute fast paced class that builds on basic tap skills and rhythms.

Attire: Tap shoes in good condition. Full sole Oxfords preferred. Work out attire. Hair out of face and off neck.

Ballet for Adults

6:30-7:30pm Tuesdays is a 60 minute once a week class. Ballet fundamentals, alignment, stretch, and core strength are focused on in this program.

Attire: Leotard, tights, ballet shoes OR comfy but fitted to the body work out attire Hair out of face and off neck.

Modern Jazz for Adults

7:30-8:15pm Tuesdays is a fun and innovative form of jazz dance that incorporates multiple dance styles and techniques of dance such as contemporary, hip hop, musical theater, and ballet.

Attire: Jazz shoes, foot thongs or ballet shoes. Jazz pants fitted top/leotard or comfy work out attire. Hair off neck and out of face.

Stability Dance Fitness

8:15-9:00pm Tuesdays an alignment, flexibility, and core strengthening program.

Attire: comfy work out attire, no zippers, or buttons. Slipper socks, ballet shoes, or bare feet.

2024 Spring and Summer Schedule Session Dates & Tuition

Spring Adult Schedule & Tuition

Tap for Adults 5:45-6:30pm, Tuesdays	Spring Session Tuition \$ 90.00
Ballet for Adults 6:30-7:30pm, Tuesdays	Spring Session Tuition \$120.00
Jazz for Adults 7:30-8:15pm, Tuesdays	Spring Session Tuition \$ 90.00
Stability Dance Fitness 8:15-9:00pm, Tuesdays	Spring Session Tuition \$ 90.00

Summer Adult Schedule & Tuition

Taking Time Tuesday Four-week summer sessions for adults (21 and over)

Adults Only Dance Session I June 4- June 25 Adults Only Dance Session II July 2- July 23

Tap for Adults 5:45-6:30pm, Tuesdays	Summer Session I \$ 60.00	Session II \$ 60.00
Ballet for Adults 6:30-7:30pm, Tuesdays	Summer Session I \$ 80.00	Session II \$ 80.00
Jazz for Adults 7:30-8:15pm, Tuesdays	Summer Session I \$60.00	Session II \$ 60.00
Stability Dance Fitness 8:15-9:00pm, Tuesdays	Summer Session I \$60.00	Session II \$ 60.00

There are no refunds or tuition adjustments for missed classes. This encourages consistent attendance and helps maintain the structure of the classes.